

Melody Hrubes, MD

Dr. Hrubes is board certified in Physical Medicine and Rehabilitation as well as Sports Medicine. She currently serves as the Medical Director for the Radio City Rockettes, as a team physician for the United States Soccer Federation and has previously worked with United States Gymnastics. She has experience with broad-based musculoskeletal injuries with particular interest in injury prevention and biomechanical rehabilitation in athletes, performing artists, endurance sports, and female athletes. She specializes in ultrasound-guided procedures, regenerative medicine, and electrodiagnostic medicine.

Dr. Hrubes has worked with multiple dance and theater companies and is on the board of the Performing Arts Medicine Association. She is also an active member and serves on committees of the American Medical Society for Sports Medicine, American College of Sports Medicine, International Association for Dance Medicine, and American Association of Physical Medicine and Rehabilitation.

Dr. Hrubes prefers to take a holistic approach to injury treatment and performance optimization. She incorporates the patient's function and priorities when creating a multi-faceted treatment plan.